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www.achievebehavioursolutions.ie

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UNDERSTANDING CREATES POSITIVE CHANGE

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Achieve Behaviour Solutions

Behaviour Specialist Supports & Services

Part of the aOne Wellness Collective,
based in Newmarket-on-fergus, Co. Clare, & Upper Clare Street, Limerick



Health Insurance Friendly

Who we are:

- **Achieve Behaviour Solutions** is Karen Hoey & Naomi Powell, both Chartered Behavioural Psychologists of the Psychological Society of Ireland.
- Combined we have over 40 years experience.
- We specialise in **'Positive Behaviour Support'** which is the framework for understanding & supporting behaviour of concern laid out in the Health Act 2007, mandated in Intellectual Disability Services & recommended in many other sectors both in Ireland and internationally.
- We are based in Clare & Limerick, with options to travel to a client's location or to attend at our offices in Traderee, Newmarket-On-Fergus, or Upper Clare Street in Limerick.

What we do:

- We provide Behaviour Specialist supports & services where there is concern about an aspect of a person's behaviour. Examples include;
- acting out physically
- becoming verbally dysregulated
- engaging in self-injurious behaviour
- school refusal

- Design & delivery of Positive Behaviour Support training.
- Supports to ASD Classrooms & Special Education School

Who can avail of our Supports & Services:

- Our clients can be of any age: children, adolescents, adults (in the case of a child, we work directly with the family and other primary stakeholders)
- Some of our clients have a diagnosis of intellectual disability and/or neurodiversity
- Some of our clients have no diagnosis
- We work with families
- We work with schools
- We work with service providers
- We are particularly passionate about co-ordinating a collaborative approach with family, school/service provider, and other involved Multi-D

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What is our referral process:

- We take referrals from GPs or other Multi-D
- We take client-self referrals
- You do not need a diagnosis to avail of our services

*What is the process if you want to reach out to Achieve Behaviour Solutions?

1. Contact us by phone or email.
2. A complimentary short phone call will be scheduled.
3. If you wish to proceed, an initial referral meeting, online or face to face, lasting 1 to 1.5 hours, costing €150, will be scheduled.
4. Functional Assessment procedures may be scheduled to understand the factors affecting the behaviours of concern - e.g., observations, behaviour recording data to be completed, continued information gathering and so on.
5. Once all this information is gathered and analysed, an All-Stakeholder, Collaborative Meeting will be scheduled whereby some proactive behaviour support strategies can be discussed and agreed upon.
6. Implementation support can also be provided.
7. Reviews of the plan can also take place.

*Following the initial referral meeting, we tailor a support package to your specific needs, but the above is generally what is entailed when availing of our supports & services.

