



Achieve Behaviour Solutions

Positive Behaviour Support Training Brochure

2025



Welcome Message

ABS is co-owned by Karen Hoey and Naomi Powell, both Chartered Behavioural Psychologists of the Psychological Society of Ireland. We have a combined experience of over 40 years working with Behaviour that Challenges, both in Direct Support and Behaviour Specialist roles. We are passionate in the area of Positive Behaviour Support, and our training packages are designed with our values underpinning all aspects – understanding creates positive change. We truly believe that if we can facilitate knowledge and understanding then positive change will occur.



PBS Organisation- Wide Assessment & Plan Development



This is a 1 day focused Whole organisation assessment and planning day.

Who should attend: A focus group from your organisation which could include representation from Service Management, Policy Formation, Multi-D, Direct Support, Family/Individual using your services.

Content covered: A short presentation on Positive Behaviour Support, followed by a guided assessment of your current Positive Behaviour Support situation, prioritising of PBS goals, actioning realistic and measurable ways to work positively towards each of these.

Outcomes: Following this assessment day, your organisation will be provided with a whole-organisation PBS plan document, detailing actions, with protocols and templates to support implementation. Reviews can be booked as needed at additional cost.

Level 1 Positive Behaviour Support Training: The Overview



This is 1 full day of Positive Behaviour Support Training.

Recommended attendee number: 20

Who should attend: Direct Support and Service Management personnel

Content covered: This is an interactive training event which uses presentations, a comprehensive training manual, discussions and activities. Themes include the origins, science, legislation relevant to Positive Behaviour Support, understanding that behaviour is communication, identifying priority Behavioural Challenges to focus on, the gathering of behavioural data, the analysing of behavioural data, Proactive Strategy Building, Responsive Strategy Building, Post Incident Debrief using our RESPONSE model.

Training outcomes: Participants will gain an Introductory Level to understanding Key Features of the model Positive Behaviour Support. Participants will be well positioned to actively participate in PBS processes of data gathering, reflective debriefs, strategy builder brainstorm sessions. Greater understanding should be supportive of consistency in implementation of data collection requests, implementation of agreed strategies, persistence and honesty during debrief discussions.

Level 2 Positive Behaviour Support Training: The Foundation



This is 6 Full Days of Positive Behaviour Support Training spread over a period of about 6 months.

Recommended attendee number: 10

Who should attend: Invested staff who are working in direct support roles with leadership responsibilities.

Content covered: This is an interactive training package which uses presentations, a comprehensive training manual and other materials, activities, discussions, feedback and shared learning. Similarly to the 1 day overview, themes again include the origins, science, legislation relevant to Positive Behaviour Support, understanding that behaviour is communication, identifying priority Behavioural Challenges to focus on, the gathering of behavioural data, the analysing of behavioural data, Proactive Strategy Building, Responsive Strategy Building, Post Incident Debrief using our RESPONSE model.

Content is divided into 6 sequential modules. Participants will be invited to identify a behaviour that they themselves would like to focus on, and then work through each step, developing their own Positive Behaviour Support Plan with identified strategies and implementation protocols. Alternatively, participants could choose to identify a behavioural concern within their organisation, whereby they would work through each step, and develop a Positive Behaviour Support Plan relating to this behavioural concern. Participants choosing this second option will require in-house consent and clinical supervision.

Level 2 Positive Behaviour Support Training: The Foundation



Training outcomes: Having experienced the PBS planning process directly will really embed understanding. The person who completes this training will be well positioned to collaborate with any future Behaviour Specialist input, however, it is important to note that they will not be qualified as a Behavioural Practitioner. They could take a lead role at key points in the PBS process such as supporting with consistent data collection and implementation of strategy detail across team members, representing the voice of the team in matters to do with PBS.

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